

Bubbles

Theme: Freedom, trust and childlikeness

In this exercise, your students will blow bubbles! The bubbles help students learn what it means to live upon the currents of God's grace and the wings of God's Spirit. It also points to the fragility of life and how God is the author of life.

Things to know:

This exercise is best done outside, on a day that is not too windy.

Each student will need his own container of bubble soap and a wand.

Activity: Gather your students in a group and read the following meditation:

As you read the Gospels, you discover that Jesus often used everyday things to teach people about God and about themselves. That's what we're going to do. Today we're going to blow some bubbles, and we're going to learn about God and ourselves while we do it. We'll learn from the bubbles and from each other.

In a minute, when we begin to blow bubbles, I want you to keep a couple of things in mind. The Bible tells us that God breathed life into humans. As you blow the bubbles, imagine God is breathing life into the bubbles. Then watch the bubbles after they detach from your wand. Where do they go? What do they look like? Are they all the same? Don't just blow the bubbles—WATCH the bubbles.

Also, in the Bible the word used for spirit is the same word used for wind. Keep this in mind and watch how the bubbles are impacted by the wind.

Some other things to experiment with: Try blowing hard, then try blowing softly. Notice the difference. Can you make the bubble go where you want it to go? Have fun and pay attention. God has some great things to teach us as we blow these bubbles. (not pass out the bubbles and tell your students to have at it! Give them as much time as you think they need. You will get a feel of when they are getting bored)

Discussion Questions:

- What surprised you about this exercise?
- What happened if you blew too hard?
- How did the sun affect the appearance of the bubbles?
- How are bubbles like you?
- What do these bubbles teach you about yourself or about God?
- What do bubbles teach you about you *and* God?
- How is your life like the bubble on the wind?
- What keeps you from freely floating on the wind of God's Spirit?